

Youngstown City Schools

News Release

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For Immediate Release

Healthy Snacks Attack Harding Elementary School

November 1, 2011: Starting this week, Harding Elementary students are on the lookout for “attack carts.” Twice a week these carts will be filled with fresh fruits and vegetables purchased from local vendors with each piece lovingly washed and wrapped by the cafeteria crew.

Last spring, the Child Nutrition Department received a \$16,560 grant from the Ohio Dept of Education to pilot a fresh fruit and vegetable program to encourage children to consume fresh fruits and vegetables.

Every Tuesday and Thursday between 1:45 - 2 pm, cafeteria workers will load and drop snack “attack carts” in three areas of the building. Students can select a snack at no charge.

Harding staff will also integrate the components of a healthy lifestyle into lesson plans through vocabulary, spelling, story writing, research projects, health and science presentations, posters and other creative ideas.

For more information, contact Sue Paris, Food Services, at 330-744-7194. Harding Elementary is located at 1903 Cordova.